

**Male****Freestyle**

1500m

35-39yrs 20:17.14 James Bainbridge Glasgow 2010

800m

50-54yrs 12:46.15 Derek Smith Sydney 2012

400m

25-29yrs 04:34.23 Stuart Trees Korea 2010

30-34yrs 04:42.60 Chris Aust Luton 2013

35-39yrs 04:31.17 Chris McCabe Korea 2010

40-44yrs 05:42.60 Chris Jarvis Liverpool 2008

45-49yrs 04:48.51 Jim Morris Liverpool 2008

50-54yrs 05:45.44 Colin Thompson Liverpool 2008

55-59yrs 05:32.43 Colin Thompson Korea 2010

60-69yrs 05:40.73 Chris Goddard Portugal 2022

200m

25-29yrs 02:03.50 Stuart Trees Korea 2010

30-34yrs 02:09.74 Chris Aust Aberdeen 2017

35-39yrs 02:06.02 Chris McCabe Korea 2010

50-54yrs 02:40.09 Derek Smith Sydney 2012

55-59yrs 02:32.40 Colin Thompson Korea 2010

60-69yrs 02:41.40 Chris Goddard Portugal 2022

100m

25-29yrs 00:53.56 Stuart Trees Liverpool 2008

30-34yrs 00:55.87 Stuart Trees Sydney 2012

35-39yrs 00:55.68 Leon Charles McKenzie Sheffield 2023

40-44yrs 01:01.65 Peter Wilmot Belfast 2013

45-49yrs 00:57.69 Jim Morris Liverpool 2008

50-54yrs 01:01.69 Peter Wilmot Sheffield 2023

55-59yrs 01:04.88 Paul Brew Denmark 2024

60-64yrs 01:04.79 Graeme Milne Kazan, Russia 2015

65-69yrs 01:08.00 Graeme Milne Swansea 2019

70-74yrs 01:10.78 Graeme Milne Doha, Qatar 2024

50m

25-29yrs 00:24.84 Chris Aust Korea 2010

30-34yrs 00:24.70 Chris Aust Plymouth 2013

35-39yrs 00:24.99 Leon Charles McKenzie Sheffield 2023

40-44yrs 00:25.20 Chris Aust Sheffield 2023

45-49yrs 00:26.19 Jim Morris Liverpool 2008

50-54yrs 00:27.74 Peter Wilmot Sheffield 2023

55-59yrs 00:29.68 Colin Thompson Korea 2010

60-64yrs 00:28.53 Graeme Milne Swansea 2014

65-69yrs 00:28.49 John Liron Plymouth 2013

70-74yrs 00:31.10 Graeme Milne Doha, Qatar 2024

European Record

**Breastroke**

200m

30-34yrs 02:40.40 Chris Aust Sheffield 2016

100m

25-29yrs 01:10.74 Chris Aust Korea 2010

30-34yrs 01:08.59 Chris Aust Plymouth 2013

35-39yrs 01:18.44 Chris McCabe Korea 2010

40-44yrs 01:14.19 Dave King Liverpool 2008

50-54yrs 01:19.16 Peter Wilmot Sheffield 2023

50m

25-29yrs 00:30.40 Chris Aust Korea 2010

30-34yrs 00:30.15 Chris Aust Plymouth 2013

35-39yrs 00:30.76 Chris Aust Aberdeen 2017

40-44yrs 00:30.94 Chris Aust Aberdeen 2022

45-49yrs 00:38.46 Jim Morris Liverpool 2008

50-54yrs 00:33.43 Peter Wilmot Sheffield 2023

55-59yrs 00:44.99 Ian Tomlin Liverpool 2008

65-69yrs 00:36.47 John Liron Plymouth 2013 British Record

**Backstroke**

200m

100m

25-29yrs 01:04.05 Chris Aust Korea 2010

30-34yrs 01:08.71 Chris Aust Sydney 2012

35-39yrs 01:11.43 Chris McCabe Korea 2010

40-44yrs 01:13.38 Dave King Liverpool 2008

45-49yrs 01:16.18 Jim Morris Liverpool 2008

50-54yrs 01:24.06 Colin Thompson Liverpool 2008

55-59yrs 01:24.16 Colin Thompson Korea 2010

50m

25-29yrs 00:30.10 Chris Aust Korea 2010

30-34yrs 00:33.97 James Bainbridge Liverpool 2008

35-39yrs 00:30.47 Chris McCabe Korea 2010

40-44yrs 00:33.25 Dave King Liverpool 2008

45-49yrs 00:35.20 Jim Morris Liverpool 2008

50-54yrs 00:38.47 Colin Thompson Liverpool 2008

55-59yrs 00:36.07 Graeme Milne Glasgow 2010

60-64yrs 00:34.28 Graeme Milne Kazan, Russia 2015

65-69yrs 00:35.29 Graeme Milne Swansea 2019

70-74yrs 00:38.36 Graeme Milne Doha, Qatar 2024

**Butterfly**

200m

100m

25-29yrs	01:01.45	Stuart Trees	Korea 2010	
30-34yrs	01:03.14	Chris Aust	Plymouth 2013	
40-44yrs	01:07.07	Dave King	Liverpool 2008	
45-49yrs	01:10.54	Chris Goddard	Liverpool 2008	
55-59yrs	01:05.70	Graeme Milne	Cardiff 2009	British Record
60-64yrs	01:08.37	Graeme Milne	Kazan, Russia 2015	British Record
65-69yrs	01:10.81	Graeme Milne	Swansea 2019	
70-74yrs	01:17.78	Graeme Milne	Swansea 2024	

50m

25-29yrs	00:26.96	Chris Aust	Korea 2010	
30-34yrs	00:26.51	Chris Aust	Plymouth 2013	
35-39yrs	00:26.99	Chris Aust	Plymouth 2018	
40-44yrs	00:26.92	Chris Aust	Sheffield 2023	
45-49yrs	00:30.53	Jim Morris	Liverpool 2008	
50-54yrs	00:30.10	Peter Wilmot	Sheffield 2023	
55-59yrs	00:29.48	Graeme Milne	Cadiz, Spain 2009	
60-64yrs	00:29.66	Graeme Milne	Kazan, Russia 2015	British Record
65-69yrs	00:30.02	Graeme Milne	Swansea 2019	British Record
70-74yrs	00:31.42	Graeme Milne	Swansea 2024	British Record

**Individual Medley**

400m

200m

25-29yrs	02:19.53	Stuart Trees	Korea 2010
30-34yrs	02:20.36	Chris Aust	London 2016
35-39yrs	02:25.44	Chris Aust	Aberdeen 2017
40-44yrs	02:30.77	Dave King	Liverpool 2008
45-49yrs	02:36.78	Chris Goddard	Liverpool 2008
50-54yrs	03:30.92	Derek Smith	Sydney 2012
55-59yrs	03:02.71	Colin Thompson	Korea 2010
60-69yrs	03:07.40	Chris Goddard	Portugal 2022

**Female****Freestyle**

1500m

50-54yrs 21:00.09 Karen Jennings Glasgow 2010

800m

50-54yrs 10:50.88 Karen Jennings Cadiz, Spain 2009

400m

30-34yrs 05:15.43 Janine Culley Liverpool 2008

50-54yrs 05:17.11 Karen Jennings Cadiz, Spain 2009

200m

30-34yrs 02:36.14 Sam Morris Korea 2010

100m

25-29yrs 01:02.65 Sophie Simpson Denmark 2024

30-34yrs 01:06.75 Janine Culley Liverpool 2008

35-39yrs 01:15.45 Nicki Upton Denmark 2024

50-54yrs 01:12.98 Karen Jennings Liverpool 2008

50m

25-29yrs 00:27.91 Sophie Simpson Denmark 2024

30-34yrs 00:29.48 Sam Morris Korea 2010

35-39yrs 00:32.90 Nicki Upton Denmark 2024

50-54yrs 00:33.87 Karen Jennings Liverpool 2008

**Breastroke**

200m

100m

30-34yrs 01:27.97 Sally Dickens Liverpool 2008

50m

30-34yrs 00:39.73 Sally Dickens Liverpool 2008

**Backstroke**

200m

100m

30-34yrs 01:23.28 Janine Culley Liverpool 2008

35-39yrs 01:34.12 Nicki Upton Denmark 2024

50m

25-29yrs 00:31.56 Sophie Simpson Portugal 2022

30-34yrs 00:37.18 Janine Culley Liverpool 2008

35-39yrs 00:40.77 Nicki Upton Denmark 2024

**Butterfly**

200m

100m

25-29yrs 01:09.15 Sophie Simpson Portugal 2022

30-34yrs 01:15.60 Janine Culley Liverpool 2008

50m

25-29yrs 00:28.86 Sophie Simpson Denmark 2024

30-34yrs 00:32.60 Sam Morris Korea 2010

**Individual Medley**

400m

200m

30-34yrs 02:49.80 Janine Culley Liverpool 2008